

Unless otherwise noted, all hikers meet at the Caboose beside the Visitor Centre in downtown Tumbler Ridge the day of the hike. Meeting times are listed beside each hike. Please arrive ready to depart for the trailhead.

Hikers are encouraged to car-pool to the trail-head based on limited parking space, road conditions, and the general will to limit road traffic and CO<sub>2</sub> emissions.

For further information, please contact:

Sarah Gamble, Hiking Schedule Coordinator  
gamblesnewmail@yahoo.ca  
250-242-3904  
Trent Ernst, Tumbler Ridge Visitor Centre  
250-242-3123

Please make any inquiries regarding the hikes well in advance of the scheduled trip.

Visit our website for trail brochures and photo galleries: [www.pris.bc.ca/wnms](http://www.pris.bc.ca/wnms)

Or pick up a copy of Charles Helm's book, *Exploring Tumbler Ridge*, where detailed descriptions of these trail destinations can be found.

Pet policy will vary from hike to hike. For those who would like to bring leashed pets, please contact the hike leader prior to the hike for details.



*Bergeron Falls*

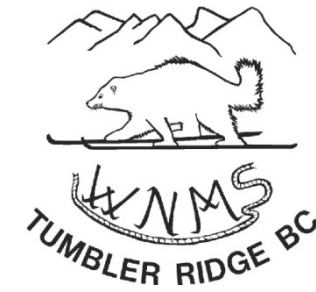
Our club is a volunteer organization. We appreciate your willingness to lend a hand with trail maintenance and construction. If you are interested in leading a hike, or sharing a skill, contact us!

All of these hikes are in bear country. Please pack out any garbage that you bring in to keep our bears wild and trails safe.

We may need to cancel hikes or change dates due to weather conditions or unforeseen circumstances. Please consult our website for up to date information.

Participants are encouraged to join the WNMS, if they are not already members. Annual membership is a nominal \$20 pr adult, or \$50 per family.

Non-members may take out a membership upon arriving for a hike.



## Wolverine Nordic & Mountain Society

### Hiking Schedule Summer – Fall

2011



*The Boulder Gardens*

### **Flatbed Loops**

Date: Every Monday at 7:30 pm,

April 25 till early August,

Distance: 2 km, Timed

Meet in the parking lot at the Lions' Campground to walk, jog or run the flat loop or the hilly loop.

Dogs are welcome on leash.

Leaders: Charles Helm / Birgit Sharman 242 4860

### **Ridge Ramble Biathlon**

Saturday, May 28, 9:00 am

10 km cycle and 5 km bike through town in this family-friendly race, suitable for all levels of fitness. Individual and team categories

Kids categories also.(4 km cycle, 2 km run)

Organizer: Linda Helm 250 242 3984

### **Quality Canyon**

Saturday, June 4, 10:00 am

Distance: 5 km. Strenuous.

Spend the day ascending a slot canyon along amazing bedrock creek bottoms.

A rope hand-line will be installed to help hikers down the steep slope into the canyon.

Leader: Sarah McLeod 250 257 0116

### **Bergeron Falls Circular**

Saturday, June 18, 8:30 am

Distance: 11 km. Strenuous.

Completed in 2010, the new sensational loop enables access to both the top and bottom of the 100m high Bergeron Falls. Strenuous sections.

No pets, please!

Leader: Linda Helm 242 3984

### **Babcock Mountain**

Friday, July 1, 8:00 am

Distance: 7- 14 km. Moderate.

Sing *O Canada* from the summit with a fantastic view and a sneak peek of the Emperor's Challenge route. Moderately strenuous.

Leaders: Charles Helm & Thomas Clark 242 4496

### **Boulder Gardens & Babcock Falls**

Saturday, July 16, 9:00 am

Distance: 5 km & 2 km. Moderate.

Scramble through amazing rock and cliff terrain and watch for mountain goats, then take a short hike to a picturesque waterfall and optional swim.

Easy – Moderate

Leaders: Sarah & Craig Waters 250 242 7370

### **Holzworth Meadows**

Saturday, July 23, 8:00 am

Distance: 10 km. Moderate with strenuous options.

Take in superb alpine summit vistas walking above treeline on this Tumbler classic.

Leaders: Stephanie & Pete Davies 250 242 3510

### **Emperor's Challenge**

August 6, start Core Lodge at 9 am

Distance: 21 km

Run or walk the most spectacular half marathon in the world! Register early in the year: field is capped at 800 participants.

[www.emperorschallenge.com](http://www.emperorschallenge.com)

250 242 4860

### **Albright Ridge**

Saturday, August 13, 8:00 am

Distance: 10 km. Strenuous. No pets, please!

Alpine meadows, icefields, caves and nestled tarns greet you on the top of the world. Strenuous.

Leader: Kevin Sharman 250 242 4860

### **Windfall Lake**

Saturday, August 27, 8:00 am

Distance: 10 km. Strenuous.

Climb above the forest to this gem of an alpine tarn which may be warm enough for swimming!

Leaders: Sarah & Craig Waters 250 242 3904

### **Barbour and Nesbitt's Knee Falls, (Stone Corral, Lake Joan, Kinuseo Falls)**

Monday, September 5, 8:00 am

Distance: 2.5 km + 2.5 km + 4 km + 2 km + 1 km.

Barbour and Nesbitt's Knee are easy.

Stone Corral and Lake Joan are moderately strenuous.

Enjoy these easily accessed waterfall hikes in the Murray valley. Both have been improved with new side-trails and viewpoints.

Afterwards there is the option of continuing on to the Stone Corral, Lake Joan and Kinuseo Falls hikes for a 5-in-1 special!

Leader: Thomas Clark 250 242 4496

### **Murray Canyon Overlook**

Saturday, September 24, 9:00 am

Distance: 6 km. Easy.

The aspen should be in full autumn glory on this easy trail above the Murray River Canyon.

For those with more energy,

Tepee Falls is close by, for an extra 6 km.

Leader: Prudence Mueller 250 242 3239

### **Ridge Ramble Cross Country Race**

Early October.

Start and Finish at Golf Course Driving Range.

Visit our website for details.

Organizers: Charles and Linda Helm 250 242 3984

### **Larry's Trail**

Saturday, October 15 9:00 am

Distance: 5 km. Moderate.

Wind down the hiking season with an autumn descent to a warming fire on the banks of the Murray River, on the trail developed by Tumbler

Ridge's Mayor, Larry White.

Leader: Larry White 250 242 4499